



Waves From The Coast

NEWSLETTER for the SAN DIEGUITO WOMAN'S CLUB

sandiegitowomansclub.vpweb.com

Connie Louis
Editor

February 2014

Officers 2013 - 2014

Bestina Cuaron, Co-President
Loni Vossekul, Co-President
Dodie Caldwell, Treasurer

1st VP/Dean, Marie Mastro
2nd VP/Membership, Candace Young-Schult
Secretary, Arbie Fuller

— PRESIDENT'S MESSAGE —

February is for Friendship. It just seemed to fit. Especially as some of us love Sue Grafton's books.

As I starting working on this message I thought I am surrounded by wonderful friendships because of this club. I need to get ready to go have lunch with 11 or so friends that was arranged by a special friend and then tomorrow I get to ride with 2 friends to a district meeting and then on Wed I get to enjoy 12 or so friends playing Bunko at my home. Then next Monday another friend will host ESO so we can share books we have enjoyed. If you have not signed up for these events, please do so at our next meeting. Every month the same activities and more are available for us to enrich our lives with friendships.

Our guest speaker for February is Faith McClure. She is the author of "Duffy's World". If you are a dog lover you will especially love this woman and her story. If you have a moment or two check it out on Amazon and read some of the reviews of the book. I don't think you will want to miss her presentation. It is not just about the book, but having the life you want.

Our January guest speaker Francine Busby was wonderful and she wrote a *thank you* to us that she loved meeting a group of women making a difference. So at our February meeting lets take the time to each share one example of how being a woman in this world has been a part of our lives. i.e. how were you treated (discriminated against).

Thanks to each of you for sharing how much the club means to you. Thank you Diana for taking on the role of Chairman for the Arts Festival. Lets keep growing and keep the great ideas coming on how to make that happen.

We will be forming a nominating committee at the February meeting. So if you would like to serve on the committee and/or as a officer next year please speak up!

In friendship,
Loni,
Co-President



Reminder: Be sure to wear your name badge to each meeting — it makes it easier to be friendly, and you might win the gift drawing!

— SDWC FEBRUARY CALENDAR —

Feb. 11, Tues., SDWC Monthly Meeting

10 am Social; 10:30 Meeting
US Bank Bldg. Our guest speaker is
Faith McClure (see Pres. msg.)

Feb. 17, Mon., Munch-a-Bunch

11:30 a.m., **The Landing Coffee Shop**
at Palomar Airport, Carlsbad
Italian/Chinese food; easy parking
Sign up at meeting.

Feb. 24, Mon., ESO

Details and sign up at meeting

Feb. 26, Wed., Bunco Night, 7 p.m.

Details and sign up at meeting

**SDWC EVENT TO LITTLE ITALY
WILL HAPPEN IN MARCH**



Get ready for our trip to the Little Italy Mercado on the Coaster, Saturday morning, March 15th. Here's the link for more info:
<http://www.littleitalysd.com/mercato/>

We will leave from the Encinitas Coaster Station, and we can set up a carpool to the Coaster Station if anyone is interested. Check the sign-up sheet for more details. Please note that we will be walking 1/2 mile to the Mercado from the Santa Fe Station in San Diego.

Something more to look forward to:

Lunch and a tour of the Scripps Palliative Care Center at Scripps Encinitas is being organized by our past speaker Mr. Bill Harman so we can learn more about the wonderful services available for our community. We can carpool if anyone is interested, more details to come, look for the sign-up sheet at the next meeting.

**CHANGE OF DATE FOR
ENCINITAS GARDEN FESTIVAL:**

It's Saturday April 26th, 10 - 4 p.m.
Website with more info and volunteer possibilities should be up soon.

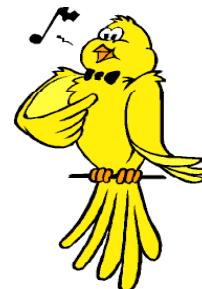
THIS WINTER PLEASE SAVE ...

- * Bags for Library Bookstore & Hospice
- * Campbell's Soup labels for Park Dale Lane
- * Toiletries AND FOODS for the CRC
- * Used prescription glasses for the Lions Club
- * Box Tops for Paul Ecke School
- * Used pop tabs, fronts of greeting cards, stamps, large coffee cans for sister clubs

Happy Birthday to me (!) ...

Connie Louis Feb. 4

(Will someone please invite a Feb. born friend to join our club? This is lonely!)



New Member Welcome:

Jan Squires
760-632-5605
444 El Camino Real #152
Encinitas, CA 92024
birthdate November 22
jansquires@live.com

Jan is a retired nurse who is looking to meet new people. She has attended movies with SDWC and enjoyed the women she met. Her family is grown and she is interested in discovering interesting ways to spend her time. She likes to read and is interested in ESO.



SDWC new web address:

<http://www.sandieguitowomensclub.com/>

PALOMAR DISTRICT ART FESTIVAL
Monday, Feb. 24th at 10 am
Calif. Center for the Arts, Escondido

**With so many talented women in our club,
let's make a real splash this year!**

Entries Due on or before:
*** February 14, 2014 for Crafts,
Photography and Fine Arts**

**(Entries were due January 21, 2014 for
Creative Writing)**

Info: palomardistrictwomensclub.org



— FROM THE JANUARY MINUTES —

Loni introduced our speaker, Francine Busby, who is president of the Cardiff Education Foundation and in January 2013 was chosen as chair of the San Diego County Democratic Party. She is also the executive director of Run Women Run, an organization that trains, mentors, and supports women candidates for elective office. Ms. Busby spoke about the positive attributes and changes in policies both in the workplace and in politics that women have made and continue to make.

Mo gave the inspirational moment, a poem entitled “Peace Is Sexy” by Clifford Browder with a commentary by Jean Huston about how we can become Peacemakers.

CO-PRESIDENT’S REPORT: Bestina asked for each member to share two New Year’s resolutions, one personal and one club oriented. Each member took turns sharing their resolutions.

SECRETARY’S REPORT: Arbie read correspondence from Scripps and the Community Resource Center, thanking SDWC for contributions.

TREASURER’S REPORT: Dodie gave the report as follows: The balance on hand on December 10, 2013 was \$2,980.16. Income was \$1,471.05 and expenses were \$1,023.21, leaving the balance on hand of \$3,428.21, on January 14, 2014. The Certificate of Deposit is \$6,000.00. Dodie told the members that Mo’s brother donated \$500.00 to the CRC. **Our annual SDWC membership dues are \$35.00 per member, to be paid by March.**

1ST VP/DEAN’S REPORT: Loni gave the report in the absence of Marie. Loni asked members to turn in their volunteer hours so that they could be included in this year’s district report. She explained that **the SDWC year is January to January as it relates to volunteer hours.**

Bestina spoke about “in kind” donations. She said that this would include donations that are not monetary.

MEMBERSHIP CHAIRMAN: Candace installed new members Karen Koblentz and Jan Squires. Mo won the pin drawing.

ACTIVITIES CHAIRMAN: Sherri spoke about a trip to the Little Italy Mercado on Saturday, February 15th. Loni said that the \$5.00 charge to play Bunco will go into the club treasury.

NEW BUSINESS:

Diana volunteered to chair the GFWC Palomar Art Festival. She is the person to reach for questions and applications. Information can be found on their website:
<http://gfwcpalomardistrict.org/>

Bestina spoke in honor of Helen Winston who was recognized for her contributions of many hours of volunteer time and her “in kind” fund raising. She was given a bottle of champagne.

Dodie told members to begin saving items for the club's annual garage sales in May. She and Anne will store items as needed. She also asked if books from SDWC could be donated to Capri School instead of to Ocean Knoll. This was agreed upon by members present.

Kate made a motion to have future speakers begin at 10:30 at the beginning of each SDWC meeting. The motion was passed unanimously.

Bestina reminded members that the US Bank conference room is available to us from 10:00 am to 1:00 p.m. We must be out of the room at 1:00. She also asked if anyone had an extra basket to donate for the purpose of making a gift basket for the Palomar District meeting.

* * * * *

Waves contributors please note: Your input is desired by the 20th of February for the February issue. Thank you!

Editor's End Note:

(From our Yearbook, courtesy of Mo)

“Many people will walk in and out of your life, but only true friends will leave footprints in your heart.”

— Eleanor Roosevelt



Happy Valentine's Day to each of you!

SAN DIEGUITO WOMENS' CLUB VOLUNTEER HOURS

Name _____ Month _____

Activities	Hours
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
Total Hours	_____

In Kind Donations _____ **Monies Donated** _____

VOLUNTEER HOURS CATEGORIES

ARTS

- Palomar District Arts Festival
- Off Track Gallery
- Arts Commission of Encinitas

FUNDRAISING

- Ralph's Community Program
- Club Arts & Crafts Projects
- Yard Sale

EDUCATION

- Box Tops for Education
- ESO Book Club
- Christmas Books
- First Book Project
- Tutoring/Literacy

LEADERSHIP

- Club Officer's Work
- Club Historian
- Meetings: national, state,
district, club, etc.
- Newsletter, telephone committee
- Report Writing

HOME LIFE

- CRC Holiday Basket Project
- Encinitas Garden Tour
- Encinitas Historical Society/
Schoolhouse
- Friends of the Library,
Bookstore & Board
- Hospice Resale Shop
- Make-A-Wish Easter Egg Hunt

MEMBERSHIP

- Contact Prospective Members
- Sunshine Program-cards to members
- Excursions, Hikes, Films, Outings

DOMESTIC VIOLENCE AWARENESS

- CRC toiletries, clothing, World Food Day

COMMUNICATIONS & PR

- Notices/articles/photo to
newspapers,
GFWC/CFWC

PUBLIC ISSUES

- Miramar Food Locker